

A CAREGIVER'S CHECKLIST

Does this diagnosis put any restrictions on my loved one?

As a caregiver, how am I able to help?

Are there any resources available for the medications my loved one is taking?

What is the plan of treatment from here?

What happens if the diagnosis gets worse?

Are there foods or exercises my loved one should avoid?

Can you provide a copy of my loved one's medical records?

How can I reach you for further questions?
